

MEDELLIN

itinerary



9th – 15th June, 2026

Tuesday 9th – Arrival & Food Tour

3:49 AM – Depart POS (**CM315**)

- Layover in Panama (55 mins)

6:49 AM – Depart Panama (**CM150**)

8:15 AM – Arrival in Medellin

- Airport Pick-up
- Luggage drop off at Sonata 44 hotel
- Lunch and exploration of Laureles neighborhood

3:00 PM – Hotel check-in **Sonata 44**

- Unpack, freshen up and relax

5:00PM – **Hotel pick up for Food Tour (3-4 hrs)**

- Visit 3 different areas in the south of the valley
- Arepas, chicharrón, buñuelos, chorizo and morcilla



Wednesday 10th – City Tour

7:00 – 9:00 AM – Hotel breakfast

9:00 AM – **Hotel pick up for City Tour (4-5 hrs)**

- Old tram station, National Palace, Botero square, Palacio Rafael, Uribe Uribe, Pueblito Paisa.

12:00/1:00 PM – Lunch

- Local lunch at Mondongos

2:00 PM – **Comuna 13 Tour (3-4 hrs)**

- Cable Car
- Guided tour of Comuna 13

5:00 PM/6:00 PM – Return to hotel

- Freshen for dinner

7:00 PM – Dinner at Dolce Salato – Italian (2min walk)

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Thursday 11th – Guatape & Coffee Farm

7:00 AM – Breakfast at hotel

8:00 AM – Hotel pick up for Guatape and Coffee Farm

Tour (10 hrs)

- Animal farm
- Fruit tasting
- Old peñol town
- Coffee farm
- Lunch Included



8:00 PM – Dinner at Mekong – Pan Asian (16min walk)

Friday 12th – Paragliding & ATV



7:00 – 9:00 AM – Hotel breakfast

9:00 AM – Hotel pick up for Paragliding

- Heading north of the city for the views and flight
- 15–20 minute tandem paragliding flight

12:00 PM – Lunch at nearby restaurant

1:00 PM – ATV Riding (1.5 hrs)

4:00 PM – Return to hotel

- Freshen up, relax and free time before dinner

7:00 PM – Dinner at Alien Loung – International (12min walk)

Saturday 13th – Pablo & Chiva Bus

7:00 – 9:00 AM – Hotel breakfast

9:00 AM – Hotel pick up for Pablo Escobar Tour (3–4 hrs)

- Memorial Park
- Cemetery
- Pablo Escobar House
- Neighborhood he built.

1:00 PM – Return to Hotel

- Lunch and free time

6:30 PM – Chiva Party Bus Experience (3 hrs)



MEDELLIN

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Sunday 14th – Secret Waterfall

7:00 – 9:00 AM – Hotel breakfast

9:00 AM – Hotel pick up for Secret Waterfall

- Arrival at Chorro de las Campanas (the south of the city)
- 2-3 level hiking experience

NB – Please make sure to bring a towel and change of clothes

1:00–2:00 PM – Return to hotel

- Free time to relax or explore

5:30 PM – Farewell dinner at Simah – Fine dining (26min drive)

9:00 PM – Explore the nightlife in Provenza Poblado



Monday 15th – Departure to POS

7:00 – 9:00 AM – Hotel breakfast

11:30 AM – Hotel Check-out and airport transfer

- Be packed and ready to check out

1:00 PM – Airport Check-in

4:30 PM – Depart Medellin (**CM 766**)

- Layover in Panama (3hr 44 mins)

9:41 PM– Depart Panama (**CM 314**)

12:46 AM – POS Arrival



CARTAGENA

itinerary



15th - 18th June, 2026

Tuesday 15th - Arrival in Cartagena

4:50 PM - Depart Medellin (**AV9386**)

6:00 PM - Arrival in Cartagena

6:30 PM/7:00 PM - Airport Pick-up

- Hotel Check in: **Casa India Catalina**

8:30 PM - Dinner at Celele- Colombian (3min walk)



Wednesday 16th - Palenque & City Tour

7:00 AM - Hotel breakfast

7:30 AM - Hotel pick up for Palenque Tour (6-7 hrs)

- The tour explores Colombia's first free African settlement including:
- The story of Palanaqueros' fight for freedom
- Music & dance performances
- Exploring iconic landmarks
- Traditional Afro-Colombian lunch

4:00 PM - Cartagena City Tour (2.5 - 3 hrs)

- Captivating stories & secrets of Cartagena
- Landmarks: the Clock Tower, Cathedral, Palace of the Inquisition
- Exploring the lively & colorful streets of Getsemani

7:00 PM - Return to hotel

- Freshen up for dinner

9:00 AM - Birthday dinner at surprise restaurant



CARTAGENA

itinerary



Thursday 17th – Island Hopping Tour

7:00 AM – Breakfast at hotel

7:45 AM – Hotel pickup for Rosario Island Hopping (8 hrs)

- Exploring the San Fernando Boca Chica fortress
- Las Islas Del Rosario
- Snorkeling at coral ceefs
- Snorkeling at Pablo Escobar's sunken plane
- Cholo island fiesta: Boat party with music, drinks & shrimp cocktail

4:00 PM – Return to hotel

- Freshen up and relax

7:00 PM – Farewell dinner at Cande – Caribbean (10min walk)



For Rosario Island hopping tour we recommend bringing :

- Towel
- Swimsuit (best to wear it under your clothes)
- Cash for snacks or tips (approx. 25,000 COP)
- Water shoes or sandals
- Sunscreen
- Waterproof case for your phone

Friday 18th – Departure to POS

7:00 AM – Breakfast at hotel

7:30 AM – Hotel transfer to airport

10:45 AM – Depart Cartagena (**AV9563**)

12:00 PM – Arrive in Medellin

- Layover in Medellin (6.5 hrs)

6:20 PM – Depart Medellin(**CM157**)

- Layover in Panama (2 hrs)

1:46 AM – Arrival in POS

